

A black and white photograph of two men. The man in the foreground is smiling broadly, showing his teeth, and has his hands clasped in front of him to form a heart shape. The man behind him is also smiling and looking towards the camera. They are both wearing dark-colored shirts. The background is a plain, light color.

**My Health is** *HOW I SHOW  
MY LOVE*

Take care of you for us

# Knowing your HIV status is an important part of a healthy sex life and a good relationship

- » If you're starting a new relationship, knowing your HIV status is one way to show your love. And if you're sexually active, HIV testing should be a routine part of your health care.
- » Treatment is available at no cost and can suppress the virus, preventing transmission to partners and improving overall health.
- » Health outreach nurses are available across the region to provide discreet and confidential HIV testing. They can meet you wherever you are. Call 1-866-778-7736.

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**Find out more about  
HIV and where to get  
confidential testing at:**

**MyHealthisSexy.com**



**Interior Health**  
*Every person matters*